

SONS OF JACOB BULLETIN



The SOJ office will be closed on the following days:

Labor Day - Mon 9/5

**Rosh Hashanah -
Mon 9/26 & Tue 9/27**

Yom Kippur - Wed 10/5

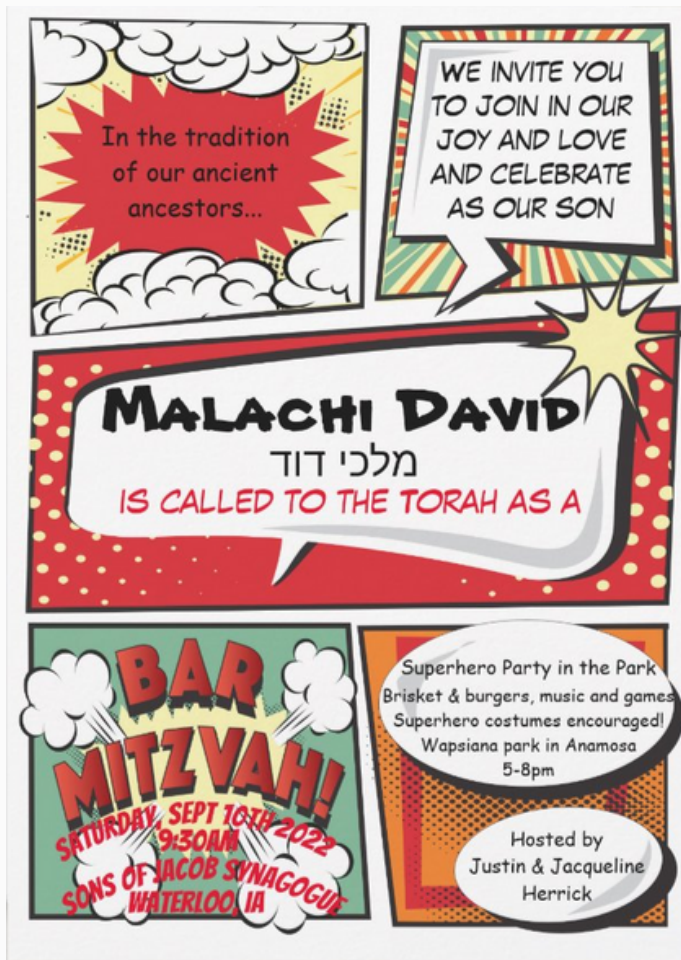


Sons of Jacob SPECIAL CONGREGATIONAL MEETING FOR VOTING MEMBERS

Sunday, September 18th
12:00pm - in person or via Zoom

- Topic of Discussion - The Sale of our Building
- In March 2022, the congregation voted and approved putting the building & house up for sale.
- We received an offer from a faith based organization to purchase our property.
- The Board voted on proceeding with this offer pending congregational approval.
- All details of the sale will be explained during this meeting.
- There will be allotted time for questions from the congregation.

Light refreshments will be served. Zoom meeting information will go out at a later date.



5783 High Holiday Services

with Rabbi Ora Simon-Schnitzer

Rosh Hashanah - Monday, September 26th

9:30am - Morning Service

5:00pm - Tashlich Service

Erev Yom Kippur - Tuesday, October 4th

7:00pm - Kol Nidre

Yom Kippur - Wednesday, October 5th

9:30am - Morning Service

5:00pm - Afternoon Service

7:00pm - Concluding Service

Havdalah Service

7:30pm - Break the Fast (catering from Olive Garden)

CLASS OF 2022

Max Rose

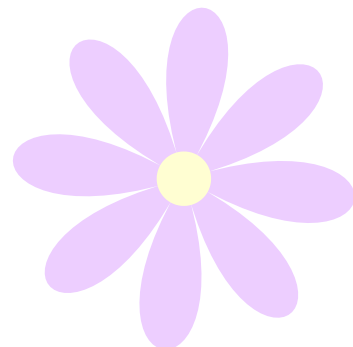
Max Rose, son of past SOJ members,
Cary & Stefanie Rose,
graduated from Urbandale High School
on May 26, 2022.

Mazel Tov!



There is a collection of items, located in Doran Hall. These items are free to any members or friends that would like them. We will have them available until High Holidays are over. Please feel free to grab items following upcoming services or to stop in anytime during regular office hours to take a look.

Judy Finkelstein
would like to thank
everyone who sent
cards and 90th
birthday wishes!



Yahrzeits

The yahrzeits of these beloved, departed relatives listed below should be observed on the Friday and Saturday of the week listed.

Aug 28 - Sept 3:

Cathy Cohen
Dora Abrams
Abraham Poteshman
Phyllis Goldie Cohn
Jackie Sinykin
Maxine Cohn
Yale Kramer
Sarah Cohen
Irene Cohn
Ann Siegel Goldstein

September 11 - 17:

Denise Barg
Benny Levine
Meyer Slivken
Dorothy Weinberg
Mollie Weissman
Rosalie Levine

Sep 25 - Oct 1:

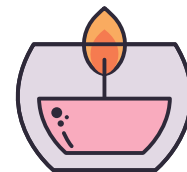
Martin Andrew Uze
Herb Dorfman
Michele Whitcelo
Sam Diamond
Jennie Sherman
Mordecai Zaidberg
Janet Goldberg
Anna Kramer
Marion Offman
Joe Cohen
Dorothy Lederman
Michael Ratute
Ida Goldberg
Jacob Rosenthal
Rose Tamres
Fred W Fredericksen

September 4 - 10:

Samuel Joseph Cohn
Celia Rotman
Robert Vidis
John Gellerman
Anna Poteshman
Sylvia Weissmna
Samuel Gershovitz
Anna Arenson

September 18 - 24:

Bessie Lederman
Sylvia Finkelstein
Brian Ihlenfeldt
Ida Bezman
Delmer Klein
Hyman Hacker
Michael Slavin
Robert Broughton
Rose Glassman Brady
Bertha Ratute



We gratefully acknowledge the following contributions:

COHEN, Jay - In memory of mother, Sarah Cohen

EDELMAN, Lisa & Jesse - Donation to the Building Fund

KANOFSKY, Myron & Family - In memory of family members

STICKFORT, Allen - General Fund Donation

STROM. Bruce - In memory of mother, Ruth Strom Brady
In memory of sister, Jackie Sinykin

*Yodah
Kabah*

They all do it

If you share your life with a furry faced friend, you are probably very familiar with the phenomenon of shedding. Twice a year their haircoat transitions from winter to summer and then back again. Should you at first not notice it, the layers of animal hair on your clothing and your sofa cushions will quickly remind you of this inevitable, recurring pattern.

I thought about this recently when I was brushing my old horse, surrounded by clouds of loose hair. It seemed to me that at least this year his spring shedding pretty much corresponded with the counting of the Omer between Passover and Shavuot. Now, in the month of Elul, he has shed his chestnut summer fur, and the rich darker tone of his winter coat is beginning to show. His body is preparing for winter. We, too, sense the upcoming changes in the weather and the impending shifts in our surroundings. I suddenly realized a profound connection, as revealed by our Jewish calendar. How so?

Nu, what in the world does the growing pattern of an animal's fur have to do with our Jewish liturgical year? After Passover (for which we prepare by ridding ourselves of Chametz) during the counting of the Omer, we work on letting go of all negative ballast that keeps us from opening ourselves to receiving the Torah during the holiday of Shavuot. And when preparing for the Days of Awe, we are offered the month of Elul for an even deeper "shedding": When all of nature pulls back and seems to die, we too are reminded of our own mortality. During Elul, our Sages recommend that we work on releasing grudges, missteps and letting go of stubborn bad habits. These are all familiar patterns, but there are many we probably don't need to cling to. Deep ruts are comfortable to travel in but can be restrictive as well. They often keep us from honest encounters: with each other, with ourselves, and with our Creator. No animal needs a summer coat in winter, or vice versa. Twice a year, these large cycles encourage us to follow a Holy script.

Shedding doesn't happen all at once. It is a slow process of renewal. In the progression of the seasons, I embrace this turning and re-turning, and learn from the animals that share my life. They all do it, reflecting the great wisdom of the Divine.

We read in the High Holiday liturgy:

"Return again, return again, return to the land of your soul. Return to who you are, return to what you are, return to where you are, born and reborn again..."

May we all shed what we don't need and regrow what is essential. I wish us all a Shanah Tovah Tikateivu!

Rabbi Rebecca

JEWISH CONNECTIONS BOOK CLUB



The Jewish Connections Book Club meets once a month.
Please call or email the SOJ office if you are interested in joining.

SELECTED BOOKS FOR 2022-2023:

September 2022:

House on Endless Waters: A Novel

By Emuna Elon; Translated by A Berris & L Yechiel
2020, Elon House

October 2022:

To Repair a Broken World: The Life of Henrietta Szold, Founder of Hadassah

By Dvora Hacoheh
2021, Harvard University Press

November 2022:

Peony: A Novel of China

By Pearl S Buck
1948 The John Day Company; Reprinted by Moyer Bell 2006

December 2022:

The Last Rose of Shanghai

By Weina Dai Randel
2021, Lake Union Publishing

January 2023:

Fear No Evil

By Natan Sharansky; Translated by Stefani Hoffman
1988, Random House

February 2023:

Davita's Harp

By Chaim Potok
1985, Random House/Ballantine; Reprinted 1996

March 2023:

A Little Girl is Dead

By Harry Golden
1965, Avon

April 2023: (Holocaust Selection)

The Warsaw Orphan: A WWII Novel

By Kelly Rimmer
2021, Graydon House

May 2023:

The Book of Sarah

By Sarah Lightman
2019, Myriad Editions New Internationalist